# ROSA SELVATICA

Herbal Remedies and Cosmetics

EcoBio e 100% Natural



### Farm and Cosmetics Laboratory Rosa Selvatica

of Dr. Biologists Ferrari

CATALOG 2017



### Who we are

We are two sisters, Monica and Giulia Ferrari, both graduated in Biological Sciences. In 2011, after years of study and research for the direct formulation of our products, our company, Rosa Selvatica was born.

Rosa Selvatica is a small family company. With passion and love, with the greatest respect for the Nature and its rhythms, we grow and collect herbs and wildflowers in places pulsating with energy and far away from pollution sources. We turn them into bio and natural products good for the health, the wellness and the beauty of the body and of the mind.

We crop with passion our land surrounded by green woods in Aizurro (Lecco), 600 meters above the sea level, and we collect wild herbs in those areas where the Nature is still untouched, where the land conditions, the air quality, the sunlight exposure and the soil moisture, together, contribute to an optimal ripeness of the flowers. Where the signs of frenzy slow down, far away from roads and towns, the Nature's alchemy, gives us unexpected fruits.

The crop and harvesting of wild herbs are activities that come from the traditions; they allow us to pack for you precious remedies, concentrated and powerful, containing all the Nature forces and able to nourish not just our body and skin, but our emotions and spirit as well.

The quality of our products have been recognized and approved by the Ministry of Health of Rome and the National Public Health Service.

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# Birth of a product

In our small family laboratory we carefully follow all the stages of the production in order to guarantee a high quality product both in its ingredients and its efficiency.

**Crop**: we work closely our land, located in sunny places that encourage the growth of most of the herbs. We do not use chemical fertilizers, nor pesticides, but just follow the principles of Natural and Biological agriculture in order to guarantee a high quality product.

Harvest: we pick up by hand the flowers and herbs where the Nature is still untouched, along the mountain paths, where the forest gives way to green pastures, where the mountain waters flow and peace reigns. The collection and the transformation of herbs is not a simple work, but something through which the magic of the Nature and the wave of energy passes from the land, flora and fauna, though hands our to be given to you. To obtain the maximum concentration of active ingredients we pay attention to the collection period of the plants, it has to match with the balsamic time and to the right moon pahases. Plants are extraordinary beings that live between heaven and earth. On one hand they collect light and heat coming from the cosmos, on the other they collect water and mineral salts that are found in the earth. In the plant these cosmic and terrestrial substances become living nature necessary to nourish both the man and the animal world.

**Transformation**: freshly harvested plants, still pulsating with energy and perfume arrive in our laboratory. Here they are immediately transformed in order to avoid losses of active ingredients; this helps us to ensure the maximum effectiveness of the final product. The preparations we make for you, which are also the main ingredients of our biological products are:

 OLEOLITI: are herbal extracts in oil. For the extraction of active ingredients we use just bio extra virgin olive oil, with its emollient, protective and anti-wrinkle properties. It soothes redness and irritation, it prevents skin cracking and peeling, it helps against aging, weakness and impoverishment of skin and hair. The long exposure to the sun, and the hot places, bring to the oil the properties of the plant and, at the same time, the energy and the heat of the sun.



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- HYDROALCOHOLIC EXTRACTS : are herbal extracts in alcohol and water. In the extraction period, which lasts at least three weeks, the macerate is regularly shaken in order to make easier the extraction of the active properties.
- AROMATIC WATERS are the products of the steam distillation of herbs and flowers harvested in their balsamic time. When we distill we get the essential oil and the aromatic water. In the water remains dissolved a good percentage of essential oil which gives, in addition to the its properties, a natural fragrance as well.

**Production**: the entire production process is done by hand using small laboratory instruments. We always produce small batches in order to offer a fresh and vital product.

**Packaging**: we pack carefully, by hand , using glass for cosmetics and herbal remedies and compatible plastics bottles for the detergents. All with the highest respect for Nature.

**Marketing**: we sell our products believing that a natural remedy is natural not only for the ingredients that are used in its preparation, but also for the way in which the ingredients are processed.

## Research

The basis of our work is a constant and continuous study and research, as it's our wish to improve more and more our products in order to bring the man to Nature, to its harmony, in accordance with its laws.

A good quality cosmetic product is very important, considering that our body breathe more through the skin than through the lungs. Nowadays in a cosmetic, the term "natural" often indicates the presence of just a small percentage of natural extract, all the other ingredients are synthetic products, chemical, petrochemical, they contain dangerous substances and often carcinogenic. It 's the law that allows this statements.

It's therefore necessary to avoid that these substances, introduced through the skin in our body, accumulate in our tissues, liver, kidneys, lymph glands ..., causing health problems. Here the importance of choosing and being able to distinguish a good quality product.

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## WHAT OUR PRODUCTS DO NOT CONTAIN

- Any type of preservative
- Any type of chemical
- Neither mineral nor synthetics oils
- Synthetic emulsifiers
- Synthetic perfumes
- Dyes
- Synthetic active ingredients
- Extracts from genetically modified organisms
- foaming

(... all highly damaging ingredients for the health and the environment)

### WHAT OUR PRODUCTS CONTAIN

- Selected and biological raw material
- Flowers and medicinal herbs collected in wild and clean places
- Highly concentrated vital extracts

### WE WARRANT

- Fresh products
- High efficiency
- High concentration of active ingredients
- High yield

No product has been tested on animals. They, as well as Nature, must be respected.

# **Bio Herbal Remedies**

### Hydro-Alcoholic (TM) and Bud Extracts (GD)



They have a strong and fast symptomatic effect. They are produced starting from fresh plants processed immediately after harvesting in order to ensure the maximum efficiency of the product.

On request we can produce PERSONALIZED REMEDIES: min. qty 100 ml, additional price € 5,00

Anti-inflammatory TM Indicated in case of joint and muscle pain and inflamm conditions in the body	50 ml. € 20,00 ation, rheumatic proble	100 ml. € 38,00 ms, inflammatory
<b>Relaxing TM</b> Indicated in case of insomnia, depression, nervousness,	50 ml. € 20,00 stress, anxiety	100 ml. € 38,00
Immunitary Sistem TM It stimulates and strengths the immune system of childre in case of immune deficiency, colds and body weakening		100 ml. € 38,00 o prevent disease,
<b>Depurative TM</b> It plays a powerful purifying, diuretic and detoxifying job of in cases of liver disorders, fluid retention and swelling, body (by drugs or incorrect diet). Excellent in the season	cellulite and toxins ac	d blood. Indicated
<b>Digestive TM</b> Excellent in case of gastric reflux, heartburn, d inflammation.	50 ml. € 20,00 ifficult digestion, int	100 ml. € 38,00 sestinal gas and
Cholesterol and Triglycerides GD Excellent remedy against high levels of cholesterol and tr	50 ml. € 20,00 iglycerides.	100 ml.  € 38,00
Allergy GD Against all types of allergies. It has antihistaminic and allergic asthma we suggest to alternate this GD with the	anti-inflammatory prop	
Helichrysum TM against allergies Natural antihistamine similar to cortisone. We recommer only in combination with GD Allergy.	d to alternate it with GI	50 ml. € 20,00 D Allergy. It's sold
<b>Propolis TM</b> The Propolis TM is excellent for oral use in case of so general for the infections of the mouth, upper respirato external use is indicated as a healing of the skin.		



### Healing Ointments and Oils

Simple, rich, concentrated of flowers, herbs and essential oils that through the olive oil, sesame, beeswax and shea butter, give us the life reparative force of the Nature. The careful choice of each ingredient helps to ensure the maximum efficiency of the product.

#### Calendula and Helichrysum Ointment 30 ml. € 16,00

Excellent ointment for skin problems (dermatitis, eczema, fungus, wounds, warts, rashes, sores, itching, cracking ...) Recommended for diaper changes in children.

#### **Yarrow Ointment**

50 ml. € 16,00

Excellent for its anti-inflammatory and analgesic properties. It's .indicated for joint problems, arthritis, inflammation, muscle problems, pain symptoms ... Massages locally.

#### **Arnica** Ointment

30 ml. € 16,00

Indicated in case of bruises, trauma, inflammation ...

#### **Mullein Ointment Hemmorhoids**

30 ml. € 16,00

30 ml. € 16.00

Its astringent and vasoconstrictor action makes it very efficient in the treatment of hemorrhoids.

#### **Eucalyptus Ointment**

For the forehead, nose, chest and back. It's indicated in case of bronchitis, it helps to remove the phlegm and to breathe better

#### Rosemary Hair Oil

50 ml. € 17,00 s

see page 13

### Horse Chestnut50 ml.Gambesan Oil€ 18,00

This oil tones the vessel walls and promotes the blood supply relieving the congestion problems in the legs, both of the venous and lymphatic system. Great for edema, circulation problems and capillaries. Recommended against cellulite. **St. John's Wort Oil** 50 ml € 17,00 Against burns, inflammation, sores ...



## Essential Oils



The essential oils we offer you are pure and complete, therefore also suitable for internal use. Packaged in 5 ml. brown bottles.

Benzoin
Sour Orange
Sweet Orange
Roman Chamomile
Cinnamon China
Atlas Cedar
Evergreen Cypress
Citronella Ceylon
Eucalyptus Globulus
Clove
Rose Geranium Egyptian
Juniper
Frankincense
Officinale Lavender
Hybrid Lavender
Lemon peel



Tangerine peel	11	€
Pippermint	8,0	€
Red Mirtle	8,0	€
Niaouli	8,0	€
Oregano	11	,€
Palmarosa	8,0	€
Patchouli	16	€
Black Pepper	19	€
Scot Pine	8,0	€
Grapefruit	7,0	€
Rosemary	9,0	€
Tea Tree	7,0	€
Thyme Zygis	16	€
Ginger	12	€
Breathing mix (balsamic)	11	€
Relaxing mix	11	€



6.0 € 7,0 € 6,5 € 38 € 7,0 € 8,0 € 11 € 6.0 € 8,0 € 12 € 13 € 18 € 14 € 9.0 € 7,0 € 8,0 €

### Herbal Teas

You can taste our herbal teas at any time of the day choosing according to your needs. We offer the whole herbs or small pieces, index of a good quality product.

Usage: put a tea spoon in a cup of boiling water. Keep the infusion for 10-15 minutes. Drink 2-3-4 cups per day.

RELAXING AND SWEET DREAM (30 gr): Lavander, Lime, Melissa.

DEPURATIVE (40 gr): Ash, Dandelion, Couch Grass, Fumaria.

ST. JOHN'S WORTH (flowers) (30 gr): against depression, anti-inflammatory, hypotensive and protector of blood vessel.

PEPPERMINT and FENNEL (50 gr): digestive and against intestinal bloating.

BIRCH (30 gr): diuretic, purifying, for kidney problems, gout, cellulite and rheumatic disorders. YARROW (30 gr): antispasmodic and anti-inflammatory for the digestive system, it stimulates the bile secretion, astringent and healing... Good for menstrual cramps.

GOOD BREATH (30 gr): Peppermint, Thyme, Linden, Elder, Lavender, Sage.

Pippermint-Fennel  $\in$  5,5, all the others  $\in$  4,5.

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# Bio and Natural Cosmetics Face Line

Our face connects us with the outside and its care should become a daily habit. In addition the facial skin is more delicate than that of the other parts of the body, is under stress, every day, that is why it requires daily constant attention.

**CLEANING of the Face:** the facial cleaning should be done especially in the evening and not just by those women who frequently wear makeup. The cleaning of your face is equivalent to eliminate impurities and toxins and consequently it allows the skin to breathe better and to become more fresh, glowing and healthy.



#### Halzenut Cleaning Milk

100 ml. € 16,00

The delicate cleansing milk of Rosa Selvatica removes makeup very deeply and, at the same time, cleans gently the skin of your face. It has also purifying and hydrating properties. Excellent for every kind of skin. For impurities and acne is recommended.

**TONING of the Face:** After the cleaning the skin needs to be stimulated; our precious Aromatic Waters simply and quickly contribute to give tone and brightness. You can also use them to wash your face instead of current water.

AA Rosemary: toning and purifing € 9,00 AA Lavender: soothing, regenerating and rebalancing € 9,00

100 ml. packaging

**PROTECTION, NOURISHMENTE and MOISTURE:** cold, heat, wind, pollution, stress ..., our skin is daily subjected to external and internal aggressions. It's for this reason that it needs to be protected, strengthened and nourished in a delicate but at the same time deep way. Rosa Selvatica offers you different types of products, suitable for the different skin types and seasonal needs.

## Face Creams

We decided to pack our creams in glass bottles with a dispenser system for hygienic reasons. Our products do not contain any type of preservative; considering the soffness of the cream, a dispenser system prevents contamination due to the contact with fingers, and air humidity.

#### Antiwrinkle Cream - Wild Rose

Excellent cream for the mature skin and for the prevention. Thanks to firming, toning and antioxidant properties of the Wild Rose this product is as a perfect anti-age.

#### **Regenerating Cream - Aloe Vera**

Suitable for dry, dehydrated and mature skins. The regenerative properties of Aloe Vera bring balance, smoothness and brightness. Excellent for the winter season.

#### **Rejuvenating Cream - 10 Flowers**

We've studied this cream which contains the properties of 10 flowers, specially for mature skins and for those who need to regain their vitality and harmony.

This cream, thanks to the life force of Thyme which helps to rebalance the sebum production and to purify the skin from blacks points and toxins, is suitable for oily and mixed skins.

#### Thyme Cream

#### Lavender Cream

### makeup. Thanks to its lightness is particularly suitable for the summer season.

After shave Cream with Mountain Pine

This is the ideal cream to nourish, soothe and refresh the skin after shaving; it also protects from infection. Excellent for its antiseptic, relaxing and balsamic properties.

Suitable for young skins that need to be hydrated and nourished. Excellent as a base for

30 ml. € 25,00

> 30 ml. € 24,00

#### 30 ml. € 24.00

#### 30 ml. € 24.00

#### 50 ml. € 24.00







#### **Eve Oil - Cornflower**

The decongestant and soothing action of the Cornflower, supported by the firming and anti-aging properties of the Wild Rose, make this oil great and delicate for the eye.

#### Elasticizing Oil - Palmarosa

An extraordinary combination of plant oils, extracts of plants in oil and pure essential oils, work in synergy to firm the skin and make it youthful and bright.

#### Acne Oil - Cedar

The Cedar and the Tea Tree with their purifying and antiseptic action make this oil the ideal against acne blemishes. They are supported by the healing properties of Calendula, the anti-inflammatory action of St. John's Worth. The Lavender brigs a regenerative effect for bad skins.

#### The pure Argan oil is an excellent remedy against skin aging. It protects the skin stimulating the regeneration and oxygenation process. It brings elasticity and plays an important anti-aging action. It penetrates quickly into the skin leaving it hydrated and not greasy.

#### Shea Butter crude

Excellent for its cosmetic properties, it nourishes and protects the skin, improves its elasticity, protects against UV rays and provides relief to the irritated skins. Ideal for very dry skin.

The LIPS shows our emotions. sensuality and beauty. Their very thin skin, however, makes them sensitive to the external agents and subject to fragility and cracking; that's why it's important to protect and feed them in depth.

#### Cream for the Lips

8 ml. € 7.00

- nutrient-moisturizer (with Orange, Lavender, Elderberry and Palmarosa

- protective (with Lime)

Rich, creamy, with repairing and healing properties.

**Pure Argan Oil** 





30 ml. € 20,00

€ 14.00

10 ml.

30 ml.

50 ml. € 19.00

€ 19.00

50 ml € 11.00 For an even more silky skin, a special treatment that goes to act very deeply.

100 ml. € 15.00

#### **BioBran SCRUB for Face and Body**

Delicate tonic Scrub with biological bran. The exfoliating action of the bran gives the skin softness, tone and brightness. It's suitable for all skin types, even for those which are impure to which it gives balance. Mix well with a spatula before use.

## Teeth, Gums and Throat

And what about the smile ... It expresses what we have in the Soul, and for a bright smile, healthy teeth and gums are important. That's why is necessary a good selection of the most delicate products.

#### Toothpaste Gel with Aloe and Calendula

Toothpaste gel for babies, young and adults. Thanks to the Aloe and Calendula extracts it has a soothing action on inflamed gums; it keeps them healthy and strong. Excellent for its antiseptic (Propolis) and refreshing (Mint) properties.

#### Mouthwash

Precious mouthwash made of flowers. It disinfects the mouth and helps inflamed gums and mucous membranes. Ideal as a breath freshener.

#### Propolis

Great for the health of throat and gums.



### 30 ml. € 9.00

200 ml. € 12.00

BLOCRUSCA

see page 5





### Body and Hands Line

The care of the body's skin is often omitted, this is like to deprive yourself of attentions, of a gentle cuddle ... Well do not forget to take care of it and to improve its silkiness with the right treatment.



#### **Rose Fluid Cream**

100 ml. € 24.00 Excellent fluid cream for the body, with firming, anti-stretch marks and anti-aging properties. It gives tone and makes the bodv skin radiant and supple.

Lavender Fluid Cream 100 ml. € 24,00 Relaxing and nourishing cream, good to relax the body and clear the mind.

Lime Cream for hands and feet 50 ml. € 18,00 Excellent cream for the care of hands and feet. It nourishes the dry, sensitive, reddened skin, the dried up skin from the cold, the wind and the external agents, the bad skin from irritant agents.

Shea Butter - crude see page. 10		50 ml. € 11,00
Pure Sweet Almonds Oil	50 ml. € 10,00	100 ml. € 17,00
BioBran SCRUB for Face and Body	see page 10	100 ml. € 15,00

### Deodorant

No synthetic essence but just 100% pure essential oils, aromatic waters and pure vegetal alcohol rich in flowers, all this to give to the body a delicate fragrance and to the mind a balancing force.

**Deodora** fresh deodorant for body and armpits 100 ml. € 14.00 Delicate, suitable for sensitive and irritable skins. It has an energizing fragrance, and helps to regulate the sweating without suppressing it.

Rosa Selvatica

Deodoro eodorante fresca Per il corpo e 1002 M-

# Hair Treatment

Since ancient times the hair are a symbol of beauty and seduction, they are part of our image and our personality. For this reason they need delicate treatments that aim to bring new vitality and softness.

Rosemary Shampoo	150 ml.	€ 13,00		
Strengthening and for falling hair.				
Lavender Shampoo	150 ml.	€ 13,00		
Ideal for fragile and thin hair. This is the shampoo for children	and for b	lond hair.		
Cedar Shampoo	150 ml.	€ 13,00		
For oily hair and for those with dandruff.				
Yarrow Shampoo	150 ml.	€ 13,00		
For dry bair, treated, damaged by the sup; this shamped will give softness and				

For dry hair, treated, damaged by the sun; this shampoo will give softness and brightness back.

The Shampoos of Rosa Selvatica act on the hair and on the scalp very gently because they don't contain any foaming agents and the surfactant used is a derivative from Coconut and Sugar. They are very creamy and concentrated, for this reason a small quantity of the product is enough. Massage on the scalp.

#### Coconut Conditioner 150 ml .€ 13,00

Balm for difficult, dry and matt hair. The coconut oil improves the brightness and together with vinegar and nettle will make the hair soft and easy to comb.

#### Argan Oil - pure 50 ml. € 19,00

The Argan oil is indicated for fragile, dry, damaged and hair without lightness because it gives them back strength and hydration. It helps against split ends and keeps the hair scalp healthy and well-fed. Great against seborrheic dermatitis.

#### Hair Oil with Rosemary

Applied on the scalp it strengthens and promotes the hair growth, stimulating the microcirculation and bringing blood to the hair bulb. Great to regulate the sebum production of the scalp.

50 ml. € 17,00





## Detergents

The shower and the bath, represent for the most of us a ritual with which start or end the day. If we like to get benefits for our skin, is important to use gentle products that can give the body and the mind a vitality and wellbeing feeling.

The creamy detergents of Rosa Selvatica are used as if they were a cream. It takes just a small quantity to be massaged gently on the skin. You will notice the softness that they leave.

#### ShowerCream Relax and Baby

Great for adults and kids, for the moments of relaxation. It gives a pleasant feeling of calm and serenity. Suggested to those who have skin problems.

#### ShowerCream Energy and Sport

For a feeling of strenght and vitality.

INTIMO

#### **Personal Hygiene detergent**

And what about this wonderful product! Very gentle and protective, it calms irritation, inflammation and itching, it's formulated in order to be in equilibrium with the physiological pH of the most sensitive areas. Ideal for the prevention.

### Halzenut Cleaning Milk

The delicate cleansing milk of Rosa Selvatica removes makeup very deeply and, at the same time, cleans gently the skin of your face.

properties. lt has also purifying and hydrating Excellent for every kind of skin, for impurities and acne is recommended.

#### Vegetable Soaps 100 ar. € 3.00

- CLAY: astringent and purifying, for oily skin.
- CALENDULA: emollient and soothing, for sensitive skin.
- FLORAL: purifying and astringent for all skin types.
- PROPOLIS: disinfectant and purifying, for acne and impure skin.
- CINNAMON AND HEMP: stimulating, for all skin types.
- ROSE-JOJOBA AND HEMP: for sensitive and dry skin.
- ROSEMARY AND HEMP: toning and antiseptic, for all skin types.
- BEESWAX: nourishing for dry skin.
- LAVENDER: soothing and antiseptic, for all skin types.

#### 200 ml.

150 ml.

150 ml.

€ 14.00

€ 13.00

€ 16.00

100 ml. € 16.00

## **Baby** Line

The Babies are the image of purity and innocence, they're totally entrusted to the care of their parents. It's through the skin that they take the first contact with the mother and the surrounding environment. Their skin is thin, delicate and needs a very careful treatment.

### **Baby Bath-Shampoo**

Creamy and delicate cleanser for the thin skin of our babies.

#### Solid Oil for the ass

This excellent product is indicated for the diaper changes. It prevents and treats irritations and redness.

#### Aromatic Water of Calendula and Lavender

After shave face cream with Mountain Pine

We recommend the use of this product for washing the baby's delicate skin in the first month of their life (two tablespoons diluted in the water of the bathtub). Useful in case of cradle cap and to alternate with the solid ass oil.

#### Tangerine Essential Oil

It gives harmony and balance to the babies.

### Man Line

#### This is the ideal cream to nourish, soothe and refresh the skin after shaving; it also protects from infection. Excellent for its antiseptic, relaxing and balsamic properties. Lavender Aromatic Water 100 ml. After shave tonic with no alcohol with soothing and anti-inflammatory action. **Rosemary Shampoo** see page 13 ShowerCream Energy and Sport see page 14

**Deodora** fresh deodorant for body and armpits

150 ml. € 16,00

30 ml. € 16.00

100 ml. € 10,00

5 ml. € 11.00





50 ml. € 24.00

€ 9.00



### Sun Products

#### Protective Sun Cream with mineral filter 150 ml. € 20,00

Excellent cream for children and adults, it reflects the sun's rays and avoids sunburn. The few sun rays that reach the skin activate its natural defenses and bring us all the benefits of the sun.



Walnut Oil 50 ml. € 17,00 Tanning and soothing at the same time.

Pure St. John's Wort oil50 ml.€ 17,00Against burns and sores. Great to regenerate<br/>the skin after tanning.50 ml.100 ml.

### Products against Mosquitoes and Insects

#### Zanzarella repellent

100 ml. € 15,00

Delicate spray with a fresh scent but unpleasant to mosquitoes and insects in general. Great for kids.

**Lavender essential oil - soothing**  $5 \text{ ml.} \in 9,00$ It provides relief from itching, redness, burning and pain caused by the bites of mosquitoes and other insects.



### Animals Line

#### Lisko anti-parasites

100 ml. €15,00

Spray rich in pure extracts active against lice, mites, ticks, fleas, flies and mosquitoes that infest the hair and the skin of our dogs and cats.

As prevention, simply spray the product every 4/6 days on the body and especially around the neck. In case of infestation, apply the product every day, avoiding the contact with eyes and mucous. Great to be sprayed in "bed" and in the doghouse.

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#### Self production and sale

COSMETICS and HERBAL PREPARATION FRESH, BIO-ECOLOGICAL e 100% NATURAL



#### SHIPMENTS STREIGHT TO YOUR HOME

www.rosaselvatica.it info@rosaselvatica.it Tel.: 0522 531226 - 039 9260042

<u>Shipping</u>: - by courier SDA and GLS - the transport costs depend on the country of destination

> Payement: - bank transfer - credit card - PayPal

#### DIRECT SALE

Via Dei Gonzaga 183/B 42124 Sesso, Reggio Emilia Tel.: 0522 531226 Mobile Phone: 3482524358 (just in case of no answear on the landline phone)

All **saturday morning**: farm market in Piazza Fontanesi (RE)

#### **DIRECT SALE**

Via Cappelletta 29/A, 23881 Aizurro (Airuno - Lecco) Tel.: 039 9260042





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